

Nurses' challenge in guiding pregnant women's rights

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ABSTRACT

This present study addresses the challenge of the nurse in relation to the orientation to the rights of pregnant women, focusing on the fundamental role of the nurse to be in charge of the orientation of pregnant women about their rights. The objective of this study is to analyze the nurse's attribution of the pregnant woman's knowledge of her rights and also to identify what are the failures in the communication process between the nurse and the pregnant woman that influence the knowledge of their rights. To carry out the integrative, qualitative and descriptive literature review, scientific articles, official documents and databases were used. The results indicate that communication failures generate doubts, anxiety and nervousness lead to the pregnant women's lack of knowledge about their rights, the pregnant women's knowledge about their rights is directly linked to the guidance they receive during prenatal care and if there is no effective and clear communication. These guidelines are not given properly. The nurse is the one who is in charge of guiding pregnant women and providing them with qualified and humanized care, so that they can feel safe and have their rights assured, and for this to occur in an adequate way, it is important that there is effective communication and programs that disseminate information about the rights of pregnant women. in lectures and actions within the scope of basic health units. It is concluded that the nurse is the key for pregnant women to have adequate guidance about their rights and to feel safe knowing that they have a place to ensure themselves, for this to happen the nurse must be aligned with his team, with good management it is possible to carry out means of communication for the dissemination of information on the rights of pregnant women.

Keywords: Pregnant Woman, Rights, Role of the nurse, Communication.

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