

**REPORT ON THE EXPERIENCE OF IMPLEMENTING RADIOGRAPHIC DOWSING IN THE INTEGRATIVE MEDICINE OUTPATIENT CLINIC - INTEGRATIVE AND COMPLEMENTARY PRACTICES AT A HOSPITAL IN THE CITY OF SÃO PAULO**

**RELATO DE EXPERIÊNCIA DA IMPLANTAÇÃO DA RADIESTESIA RADIÔNICA NO AMBULATÓRIO DE MEDICINA INTEGRATIVA - PRÁTICAS INTEGRATIVAS E COMPLEMENTARES EM UM HOSPITAL DA CIDADE DE SÃO PAULO**

**INFORME SOBRE LA EXPERIENCIA DE IMPLEMENTACIÓN DE LA RADIACIÓN RADIOGRÁFICA EN LA CLÍNICA AMBULATORIA DE MEDICINA INTEGRATIVA - PRÁCTICAS INTEGRATIVAS Y COMPLEMENTARIAS EN UN HOSPITAL DE LA CIUDAD DE SÃO PAULO**



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**ABSTRACT**

This experience report describes the implementation of Radiesthesia and Radionics (RR) in an Integrative Medicine - Integrative and Complementary Health Practices (MI-PICS) outpatient clinic in the city of São Paulo. Initiated in February 2025, the initiative encompasses services for inpatients and outpatients, in face-to-face, online, and remote modalities. It was identified that RR acts by accessing information codes through instruments that decode bioenergetic signals. The integration between physiology and bioenergetics offered theoretical support for understanding the mental and spiritual dimensions as modulators of physical health, removing the stigma of subjectivity from these spheres and bringing them closer to evidence-based psychosomatic clinical practice.

**Keywords:** Radiesthesia. Complementary Therapies. Integrative Medicine.

**RESUMO**

Este relato de experiência descreve a implementação da Radiestesia Radiônica (RR) em um ambulatório de Medicina Integrativa - Práticas Integrativas e Complementares em Saúde (MI-PICS) no município de São Paulo. Iniciada em fevereiro de 2025, a iniciativa abrange atendimentos a pacientes internados e ambulatoriais, nas modalidades presencial, online e à distância. Identificou-se que a RR atua no acesso a códigos de informação por meio de instrumentos que decodificam sinais bioenergéticos. A integração entre fisiologia e

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bioenergética ofereceu suporte teórico para compreender as dimensões mental e espiritual como moduladoras da saúde física, afastando o estigma de subjetividade dessas esferas e aproximando-as da prática clínica baseada em evidências psicossomáticas.

**Palavras-chave:** Radiestesia. Terapias Complementares. Medicina Integrativa.

## **RESUMEN**

Este informe de experiencia describe la implementación de Radiestesia y Radiónica (RR) en una clínica ambulatoria de Medicina Integrativa - Prácticas de Salud Integrativas y Complementarias (MI-PICS) en la ciudad de São Paulo. Iniciada en febrero de 2025, la iniciativa abarca servicios para pacientes hospitalizados y ambulatorios, en modalidades presenciales, en línea y remotas. Se identificó que la RR actúa accediendo a códigos de información mediante instrumentos que decodifican señales bioenergéticas. La integración entre fisiología y bioenergética ofreció apoyo teórico para comprender las dimensiones mental y espiritual como moduladoras de la salud física, eliminando el estigma de la subjetividad en estas esferas y acercándolas a la práctica clínica psicossomática basada en la evidencia.

**Palabras clave:** Radiestesia. Terapias Complementarias. Medicina Integrativa.

## 1 INTRODUCTION

This article reports the experience of the implementation of Radionic Dowsing (RR) in the Outpatient Clinic of Integrative and Complementary Practices in Health (MI-PICS) of the Hospital do Servidor Público Municipal de São Paulo (HSPM), which is a hospital with experience in the implementation of unconventional therapies since the 80's. In all these years, these therapies have been acting as an adjunct to the classic medical care practiced in the hospital, and the activities are conducted primarily by volunteer therapists, who have expertise in various therapeutic approaches.

The PICS bring unconventional views of care, contemplating a plurality of transversal knowledge and skills, increasingly proven by research and verified by users, so much so that in 2006 the Brazilian Ministry of Health (MS) incorporated the National Policy of Integrative Practices (PNPIC) (BRASIL, 2006).

Today the collaboration of techniques that work on well-being and quality of life in care is unquestionable. Although many of them have not yet been proven by science, it is a fact that popular wisdom, traditional medicines, uses and customs have contributed to health over the millennia and have gradually been incorporated into the therapeutic arsenal of health systems around the world.

In contemporary times, the complexity inherent to social, environmental and individual dynamics, the origin of organic and psychic maladjustments has become multifactorial, hence the need to have multidisciplinary knowledge to help the individual as a whole.

The fundamentals for the insertion of this technique in the outpatient clinic are closely related to the techniques of energy manipulation whose performance is already established. Traditional Chinese Medicine – Acupuncture was incorporated in 1991, bringing the understanding of illness under the perspective of an ancient medicine, which considers the intrinsic, extrinsic and relational factors that affect the human being, which allowed to broaden the vision of care and prepare the ground for the most varied therapies that would be inserted in the outpatient clinic in the following decades.

Everything in the universe is in constant motion, Einstein already understood that matter and energy are interchangeable. Modern physics reinforces that matter is not solid; In any object the atoms are always spinning and vibrating, everything moves, oscillates and vibrates. Among the forms of energies there are concrete ones that propagate in waves and can be measured as thermal, electrical, kinetic, mechanical, electromagnetic, chemical, and nuclear energies. But there are other forms of energies; Among them are vital energy, thought energy, energy of forms that move around the physical body influencing the environment and interfering in the way people think, act and feel. Abstract or non-

materialized subtle energy has been recognized in various forms throughout the ages, even though established science denies the validity of these concepts. Physicists define it as zero-point energy, that is, the energy that exists before it materializes into form (GODOY, 2012).

The eighteenth and nineteenth centuries is the historical period of the French magnetizers, for some, it was a time marked by mysticism, charlatanism and ignorance, but for others it appears as a pre-scientific moment that would later give way to a modern project of science. It was at this time that the Austrian physician Franz Anton Mesmer coined the term animal magnetism when referring to the energy of life that connects spirit to matter based on the belief that there was a fluid that could be transmitted for therapeutic purposes, (NEUBERN, 2007) (SILVA). Later, Reich investigated a universal vital energy called Orgone, although his observations are considered controversial, they are a legacy for the connection between body, emotion and vital energy (VOLPI, 2025). The universal energy called Prana is reported to be more than 5,000 years old in India, Yoga uses these energies through breathing techniques, physical exercises and meditation. The Chinese 5,000 years ago already spoke of a vital energy called Chi that impregnates all animate or inanimate matter. From this perspective, it is understood that the human being is constituted by an inseparability between the physical body and the bioenergetic field that can be detected by various methods such as Dowsing (GODOY, 2012).

Undeniable is the fact of the existence of radiation from space, the environment, the subsoil, people, which are capable of biologically influencing life, whether of animals, plants or human beings. Most of these interactions, despite being constant, are not clearly perceived by any of the senses (PANTZIER, 2007).

The Universe vibrates at very similar frequencies, the so-called Schumann waves, which some researchers argue is the frequency of health. Winfried Otto Schumann in 1952, predicted that weak electromagnetic waves ricocheted between the ionosphere and the Earth's surface generating a fundamental frequency of 7.8 Hz, similar vibrations were later identified in various living organisms and in humans as the fundamental frequency of rest (MARTEL et al, 2023).

## **2 RADIONIC DOWSING**

The word Dowsing comes from the Greek radius (radiation) and the Latin aesthesis (sensitivity), that is, sensitivity to radiation (NETO). Radionics, on the other hand, is the action at a distance that deals with energy balance and management, capturing and sending specific energies (GODOY, 2012).

According to Pantzier (2007), Dowsing is a method of analysis that identifies vibratory patterns of very low amplitude, of the most varied vibrations, so tenuous that they are almost undetectable, often it is just an informative content with no energetic charge.

It is the Dowser with his sensitivity and concentration who is able to access these information codes. To do so, it uses silent and significant signals from instruments such as the Aurameter, the Pendulum, the Fork, the Dual Rod or others identified by the conscious mind. By perceiving only the movement and the meaning of the tool, without getting rationally involved in it, because it comes from a neuromuscular command, captured by intermediate aspects of the brain that bridge the gap between the deep unconscious and the waking state (PANTZIER, 2007).

Some theories are based on the principle that the mind is capable of capturing anything, the dowser tunes in to the object to be evaluated present or absent and adjusts the movements of the pendulum (GODOY, 2012).

The sensitivity of the dowser is a debated topic, so much so that the German Ministry of Science and Technology carried out 10,000 tests with dowsers and proved that only five percent of these professionals had exceptional dowsing skills, with a success rate close to 100%. This study was replicated with 60 students of the Applied Naturology Course at the University of Southern Santa Catarina and very similar results were obtained, since five percent of the people tested had high dowsing sensitivity (PANTZIER, 2007).

Dowsing is a complementary way to identify bioenergetic imbalances; in the context of PICS, it aligns with the holistic paradigm of care, where the individual is seen as an integrated vibrational system. Radionics acts as the intervention phase, using geometric shapes and frequencies for the homeostasis of the system.

RR is not among the techniques recognized by the Ministry of Health as an integrative practice, there is a lack of studies that detail the practical verification of subtle energy in clinical environments. This report aims to describe an experience of the application of RR in an outpatient and hospital environment, offering a reflective basis on how these different dimensions are interrelated during the health-disease process.

### **3 DESCRIPTION OF THE EXPERIENCE**

This is an experience report on the introduction of Radionic Dowsing in the arsenal of therapies available at the HSPM MI\_PICS outpatient clinic. This therapy complemented the therapeutic options available at the outpatient clinic, where a gap had already been identified in the face of the demands of patients who sought the outpatient clinic.

The therapy began to be offered in February 2025 by a volunteer therapist who performed 183 consultations during the year 2025. Most patients arrived by spontaneous search since the disclosure is made on the hospital's website, on the bulletin boards and by indication of patients already attended.

Others were referred by hospital professionals (mostly doctors and social workers), among them mainly terminal patients, coming from the Palliative Care Clinic that aims at quality of life at this time, offering care not only to the physical aspects, but also to the emotional, spiritual and psychosocial dimensions. The technique was well received by patients and demonstrated the possibility of greater control of pain and suffering.

The consultations were carried out in the hospital bed, in the outpatient clinic in person, online by platform and at a distance in cases of bedridden patients. The complaints presented to seek care are the most varied: from anxiety, depression, sudden mood swing, history of violence, complaint of stomach discomfort, heaviness in the shoulders, sore throat to no complaint, just curiosity if something could be done to help.

#### **4 THE RR TECHNIQUE**

After a brief anamnesis, where the patient presents the complaints and permission to access his field, the pendulum and the radionic table are used as instruments. Next, the therapist identifies the changes in the patient's vibratory field, using the variations of the pendulum on the radionic table, perceiving unbalanced energies that influence the patient's well-being.

This information refers to organic systems, interferences of external origin, which include imbalances of subtle, telluric, people's energies or even internal imbalance such as fear, insecurity, rigid ideas and negative feelings. Each imbalance is identified by the therapist who acts intentionally.

With the help of the patient who points out the pains, feelings, doubts, memories, it is possible to achieve a great result in the therapeutic session, culminating in his well-being.

Therapeutic follow-up is based on the continuous evaluation of the bioenergetic flow, understanding the individual as an integrated multidimensional system. During the sessions, the functional vitality of organs and systems is mapped, correlating biological homeostasis to the states of the psyche and spiritual health. This analysis expands to the examination of the energy centers (chakras), understood here as nuclei of subtle energy processing that act at the interface between the somatic body and the mental dimensions. The systematic verification of these fields allows the identification of patterns of imbalance before they

somatize, ensuring an intervention that promotes harmony between the biological, the emotional and the transpersonal.

The clinical practice adopted transcends the conventional biomedical model by instituting a systematic multidimensional evaluation protocol. As the interventions are applied, a qualitative and quantitative analysis of the bioenergetic field is carried out, based on the assumption that pathology or well-being are emergent states of the interaction between different levels of organization. At the somatic level, the functional efficiency of organs and systems is monitored; at the psychodynamic level, it investigates how mental states and beliefs influence the patient's resilience.

Additionally, the research covers the subtle dimension, specifically through the analysis of the chakras (force centers). These are understood as energetic transducers that regulate the flow of vitality between the etheric body and the endocrine and nervous system. The verification of the spiritual dimension, in turn, is not restricted to religious dogmas, but focuses on the individual's perception of purpose and connection, factors that the current scientific literature recognizes as modulators of the immune response and clinical recovery.

## **5 FINAL CONSIDERATIONS**

The introduction of Radionic Dowsing in the therapeutic arsenal of the MI\_PICS outpatient clinic allowed a significant expansion in the model of care offered, providing an integrative view between the vitality of organs and systems and the alignment of energy centers. The systematic verification of the mental and spiritual dimensions made it possible to identify that therapeutic success does not lie only in the suppression of physical symptoms, but in the restoration of the individual's vibratory coherence.

The experience consolidated the understanding that the human being operates as an inseparable unit. Furthermore, the study reinforced the importance of qualified listening and perceptive sensitivity beyond the dense body. For the study area, the main contribution lies in the systematization of a view that unites physiology with bioenergetics, offering a theoretical subsidy for other professionals to understand the role of the spiritual and mental dimensions as modulators of physical health, removing the stigma of subjectivity from these spheres and bringing them closer to clinical practice based on psychosomatic evidence.

It is recommended that future studies directly explore chakra alignment and functional improvement of corresponding organs. It is also suggested the implementation of care protocols that include educating the patient about their own energy anatomy, promoting self-care. Finally, the need for greater integration between conventional medicine and

multidimensional approaches is pointed out, aiming at a truly holistic and less fragmented health model.

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