

Chapter 260

Outstanding characteristics of psychopaths integrated into everyday life. Literature review

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ABSTRACT

1 INTRODUCTION

The sexual life of the human being constitutes one of the essential biological functions to the continuity of the species because without it we would not exist. However, in the course of the timeline through history, this type of activity has always brought, associated, social and religious repression so

Objective: To describe the main characteristics of psychopaths including their sexual habits in their ritual of charming, dominating, and abandoning their victims, as well as explain the chaos and devastation they cause in them. Finally, suggest treatment approaches for victims in the damage recovery process. Methodology: Interviews were conducted with victims of psychopaths who lived with them for more than a decade. Information concerning sexual habits was carefully categorized and explained. As support, online searches for the construction of this article were carried out in the databases of Google Scholar, PUBMED Central, Web of Science, BVS / BIREME, Science Direct, Scielo, The Cochrane Library, and also by PROSPERO. The identities of victims and psychopaths were kept confidential. Results: The sexual habits of psychopaths include 3 stages: initial love bombing, humiliation, and domination of the victim, and finally abandonment after sexual, emotional, and financial exploitation. The main consequences in the lives of partners include chaos, sleep and eating disorders, anger, despair, and depression, and in some cases lead to death. Conclusions: psychopathy has no treatment, and due to the devastation, it causes in people due to the feeling of betrayal, exploitation, and lack of love, it causes victims to have all aspects of their lives destroyed. The only way to fight it is through knowing the psychopath's mind and what they can do.

Keywords: Antisocial Personality Disorder, Psychopathology, Criminology.

intense that it has killed, and still kills, many people; from the time of the Holy Inquisition to the current times of social networks and integrative applications, which at the same time brings people closer and distance. This approximation of the virtual world and distance from the real world by itself is already capable of bringing guilt to normotypical individuals in the sexual sphere, being much more dangerous for those who have personality disorders (DeGue, 2010).

Psychopathy, considered an Antisocial Personality Disorder (APD) is considered a distorted personality alteration that is characterized by the absence of noble feelings, such as compassion, pity, and altruism, or in short: the absence of empathy and inability to feel remorse. During the evolution of the terms for diagnosis, there were many designations for these individuals, such as: "lucid madmen", "sociopaths", the most current being the "conduits", because their actions and reactions fall on the deformed conduct with which they express themselves in society (Edens, 2006).

Under the perspective exposed above, and because of reports of patients in the dental clinics of the colleges of Recife; we noticed an increase in the activity of these individuals in the patients in question, and after the collection of data and professional analysis of the psychologist of the School of Dentistry of Recife (FOR), we identified a sexual component that, due to the degree of intimacy, is not, in general, addressed deeply in the scientific articles, because they are provided in the patient's medical records privately.

Thus, the objective of this work is to make an analysis of the sexual life of psychopaths based on the reports of patients who had lived with them for many years, and with data obtained from scientific articles on the subject, which will constitute an integrative literature review with the data researched, safeguarding the identity of those involved, so that the reader can consider the possibility of the age of being in relationship with one of them, in any sphere of their lives. We have nothing against psychopaths, just as we have nothing against rats, cockroaches, fleas, bedbugs, and other creatures, but we decided to help train people on how to get rid of the sharp attack of these types of people, in search of a more just and less cruel world.

2 METHODOLOGY

Interviews were conducted with victims of psychopaths who had lived with them for more than a decade. The information concerning the sexual habits was carefully categorized and explained, to provide the reader with information that may be useful in the identification of these individuals. As a support, online searches to support the construction of this article were carried out in the databases of Google Scholar, PUBMED Central, Web of Science, VHL / BIREME, Science Direct, Scielo, The Cochrane Library, and also by PROSPERO. The identities of the victims and psychopaths were kept secret. The literature review was designed to provide support and scientific certainty to the information revealed in this article.

3 RESULTS

3.1. HUMAN SEX LIFE

The perpetuation of human life necessarily depends on the sexual impulse, the mechanism by which species relate to each other to reproduce. The more complex the being, the more comprehensive and diversifying the sexual activity is constituted, losing the exclusively reproductive and instinctive character to become a pleasurable activity, and that can be negotiated financially, in the case of prostitution, or used for domination and submission, giving rise to various sexual modalities. These claims are not modern but were already said a few centuries ago (Krafft-Ebing, 1886; Paik, 2016).

In the course of human evolution, we went through our reasoning capacity trying to understand the external reality about the internal, and in this process we detected love, being incorporated into the idea of sex as a mathematical interaction, where love and sex would be one thing (Cleckley, 1941).

This idealized model of love reached its climax in the mid-nineteenth century, constituting the Western model of family support in an indissoluble union of marriage, in which the arts and laws were adapting, and determining these affective relationships in such a way that our collective unconscious was quickly adjusting, establishing various situations where Love endures everything, accepts everything, builds everything. And we have been following life admitting that we often need to forgive and forget, for the sake of the noblest human feeling: love (Lins, 2017; Adams, 2003; Cooper, 1998).

However, sexual activity, like everything else that is human, suffers cultural, religious, and social interferences, still interacting with rational and emotional intelligence; a fact that can open up an infinite range of possibilities according to each type of personality that interprets the world. In this sense, personality can be defined as a set of our thoughts and ideas, of our emotions that guide our conduct, or in short: a type of integrative and connected unit, whose main characteristics are: intelligence, character, temperament, attitudes, and constitution. Thus, right off the bat, we can see that the subject is wordy and variable-dependent, enough to understand centuries of analysis and discoveries of what normality can offer. Imagine the abnormality! In this way, it is easy to understand that when we set out to plunge into the deep and raging ocean of abusive love relationships, with a high content of toxicity and exploitation, we are embarking on infinite and innovative possibilities concerning the human psyche. And if we get even more focused on mental complexity, and if we analyze the heterosexual and homosexual relationships played by psychopathic men and their partners who are chosen victims, then we will see the predatory capacity and the sexual modus operandi of psychopaths (Gomes, 2010; Penfield, 1937).

3.2. THE SEX LIFE OF PSYCHOPATHS AND THEIR MODUS OPERANDI

If you downloaded this article to your computer or mobile phone, it probably means that you know someone who went through the hands of a psychopath or was yourself their victim. In either case, I add: there is light at the end of the tunnel.

Relationships with psychopaths are never intentional ones, as they can only relate well to themselves. In this way, the relationships with them are only complete in the mind of the person who relates to one of them, thinking to be two he is more alone than he ever imagined (Faur, 2012). This quest of the psychopath only to relate to you brings some interesting characteristics, which can help in your identification. The information below was collected from the patients we interviewed.

a) Psychopaths use sex to enslave the victim and make her dependent on them. Since they lack the empathy to trap people, they dominate them by offering the type and sexual modality they desire, initiating the initial phase of the ritual: the bombardment of love. The sexual intensity is so high that victims report that they had sex 3 to 4 times a day for months. The amount of chemical mediators released is so great that almost immediately the partners become addicted (Marietán, 2008).

b) Psychopathic men hardly ejaculate on their partners. Even in the fullness of orgasm, the psychopath only allows himself to give himself pleasure; And he's ashamed of it. They interrupt the sexual act to masturbate. At first, the partners find them strange, but they accept it easily. However, they also practice more bizarre acts such as the "Golden Rain", the term given to the act of urinating on the partner during the sexual act. One of the interviewees reported gargling urine in his mouth the psychopath. Victims, in general, who have never had this kind of experience, are completely ecstatic, anxiously waiting for the next encounter; they leave work, stop eating or eating poorly, and just think about sex (Carlson, 1986).

c) In general, they ask their partners to help them at the time of masturbation. Men in general ask to have their nipples sucked during the act, which can take a long time tiring the partner. It is not uncommon for psychopathic men to have some kind of dysfunction and receive disease. They often resort to the use of peripheral vasodilator medication (e.g., Viagra) to achieve an erection. When homosexuals with erection problems, they often prefer to be passive because of the shame of the dysfunction (Porst, 2007).

d) After the sexual act follows an existential void that, in general, is filled by turning on the TV or going to do the dishes or the equivalent. It is as if they have returned to the boredom that pervades the life of the psychopath (Parrot, 1994).

e) As women, they cheat on their partners often in search of finding someone who will satisfy them. As they do not find it, they go for masturbation, but they become frustrated after the act, and in general, they blame their partners saying that their penises do not satisfy them (Anderson, 2004).

f) Psychopaths accept any sexual modality that gives them power, status, or fun. They will be passive or active when homosexual men, accept being beaten, tied up, or the like, or starring in sadism and inflicting pain on masochistic partners. The use of handcuffs and sex toys was the most mentioned in the interviews with the partners.

g) Sexual promiscuity is common. They need the adrenaline circulating to feel alive. So they usually cheat on their partners blatantly, without taking much care to hide. When they are in the phase of humiliation and victimization of the exploited partner, they suggest threesomes and make a point of showing the partner that the guest is better than him/her. They often let the victim notice the delivery of

tickets or office cards being handed to the guest. This, in general, shakes the exploited victim. She begins to realize that she can be abandoned, and in desperation does everything to please the psychopath. This massacre feeds him. He takes pleasure in seeing the person collapse in front of him. At this stage, victims report that their eyes appear glassy. One of them quoted, "They looked like shark eyes."

h) Psychopaths use triangulation. They start with a third person, which evolves into several in the relationship that the victim believed to be the two to destabilize the partner. They often use the victim herself to recruit people by telling her that she has sexual fantasies and that she is better off getting the person than he does. Another modality is to insert people connected to him, from a real or fictitious past relationship, and leave open conversations on the computer, or social networks for the partner to read, thus measuring the degree of despair and needs to keep it in his life. This is the most intense phase of humiliation. They make the victim of drivers, cooks, cleaners, shoeshiners, and everything they want to feel full ownership of the situation, enslaving the person.

i) In the abandonment phase, when the psychopath has already lost interest in the person who has been related to and explored for months or decades, they have a modus operandi well repeated. They establish a parallel relationship with another victim, who has something interesting to offer them, and follow through with their relationships. When they are sure that this new proposal is "on the web" they simply abandon the old relationship in a matter of days, without the slightest embarrassment or concern about what will happen to it. This follows a personal and professional catastrophe, which he watches from afar as the victim sinks into a sea of chaos and despair.

j) Normally and following the ritual, when they abandon the official relationship, they already have another house, another victim who went through the same process, they are already well installed, having the victim as their domestic secretary, who most often has the same type of non-confrontational personality as the previous victim. They analyze, test, and experience the limits of the new victim. They exchange ideas with the few friends they have; or with siblings who have the same train of thought. And then they summon the victim of the old relationship for a conversation, but not before they have prepared the environment. They remove knives, glass cups, or any other object that may be used by the victim against them. They openly announce that they are leaving the relationship and that the abandoned person, starting from that date, will no longer be able to communicate with him. You won't be able to text, you won't be able to call them, and you leave at best an accessory cell phone number you use when you're away from home, or an email to be used only in case of death or illness. This is what happens in practice, dear reader. In those terms.

3.3 A TROJAN HORSE IN YOUR SOUL ACCEPTED AND RECEIVED BY YOU

Like the famous gift Greek, opening your soul to a psychopath in your life will lead you to emotional and financial destruction similar to that of Troy devastated by a gift accepted by herself.

There has been some doubt in the literature about the validity of a unified construct of sexual coercion that extends to include at least four individual tactics: seduction, manipulation, intoxication, and force tactics (Adams-Curtis, 2004).

Psychopaths, also known by the term conduct paths, have an emotional deficit that distinguishes them as different human beings. Zero empathy; zero guilt; zero compassion, which necessarily leads to an inability to love and relate to people, since they invariably feel no remorse and never apologize for their actions. Yes, it's the victim's fault. One of his favorite phrases: is confidence is good; Control is better.

From the interviews we had access to for the construction of this article, we realized that no psychopath seeks as victims people of low human category; their victims are usually the best among the individuals who populate our planet. In general, they are people of brilliance, intelligence, creativity, and competence, with non-confrontational personalities, altruism and full of friends. Many of these people have emotions sprouting to the surface of their skin; they are musicians, poets, writers, doctors and dentists, nurses, and nursing technicians. These people believe in human goodness and can help others improve their defects. That's where the danger lies. It is into this gap, or gap, that psychopaths enter as a virus penetrates the cytoplasm of a healthy cell. This article dear reader does not bring good news as you have already noticed. It's unsettling and scary. But as we say to our students at the School of Dentistry of Recife (FOR): it is necessary (Garrido, 2005). Believe me, the psychopath relies on your pity, and for this, you can resort to theatrical measures to trigger a feeling of compassion on your part.

It is a fact that psychopaths are characterized by a degree of perversity and narcissism. All their steps are coldly calculated, taking into account only themselves, centricipitally. As for the partners, they do not care, and they also stand out for the scarcity or total absence of moral emotions and noble feelings such as love, compassion, and guilt. They are fundamentally cold, calculating, lying people with a parasitic and unscrupulous lifestyle. They also differentiate themselves by being irresponsible and transgressors of moral, ethical, and social rules. In the interviews obtained, we collected initial reports of petty theft or adulteration of clothing prices in reputable stores, through label exchanges. The second most common report was driving the victim's car along the shoulders so as not to be stuck in traffic jams; after all... They think they are so important that they cannot stand there as if they were "ordinary people."

They seize occasions with opportunistic, almost reptilian instinct. Naïve, helpless and vulnerable people can be easily taken by assault, through their seduction and manipulation, and will most likely become someone who will be used and plundered over time; often years or even decades. What a psychopath truly wants and longs for is to find someone who can explore emotionally, sexually, fully, financially, and socially while not finding a better alternative. They discard anyone. Anyone who can make their lives easier, even if for a short period, is kept "on the radar."

The psychopathic lover sees in the person of the complementary someone who comes to fill his black holes; its limitations; For the simple fact that it illuminates his inner darkness with moral emotions that he does not possess. In this aspect, his victim becomes an accessory, resembling an extension of his

arms, which serves exclusively to perfect him, and he, through his ability to exert psychological and mental violence, will exploit it emotionally, sexually, socially, and financially for as long as it is in his interest until they take everything away. In the meantime, he will try to make the victim feel fascinated, and for this, they resort to some tricks, especially when they perceive weak points, such as complexes related to certain parts of the victims' bodies. For example, if the victim is fat, he will say that he loves overweight people; who are horny with women or men like that. Thus, the victim falls in love or feels comfortable almost immediately. But make no mistake; When you lose interest and the relationship ends, you will say that you hate fat people and that no one will ever fall in love with people like that. This is the psychopathic nature: perversity; to see someone collapse in front of you.

4 DISCUSSION

Most of the psychopaths that exist in our society are unknown white-collar predators who pose as normal people: dentists, lawyers, teachers, politicians, trade unionists, journalists, civil servants, police officers, mothers, and fathers. Most of them will never kill anyone physically, but if you cross their path as an obstacle, you will know their ruthless logic: the seduction, the bargaining, manipulation or elimination, and annulment of the impeding element (death). Your integrated psychopath or domestic psychopath is someone you have by your side in your life that you can't and don't know how to get rid of. Nor is it likely that you want to get rid of him or her, because you do not yet know the map of the territory of this kind of victimization process.

A parasitic lifestyle is the main characteristic that will define the position of the psychopath before the chosen person; For such a purpose the person will necessarily have to make his life easier logistically and financially as well. Since they have no empathy or noble feelings, they have no remorse; So everything can even exploit the father, the siblings, or anyone else available. It is common to use profanity when adjectivizing people they should love, such as first-degree relatives such as one's father and mother. These individuals easily quarrel with their relatives if they think themselves harmed by inheritance or attention; They're like adult children, and that's the feeling. They always want to be first in everything.

When they work in society, in general, they can start a difficult service and stop halfway, hoping that the partner will help them; only the one who will solve the issue is the latter, and who will receive the honors is him. It is very common in areas such as dentistry or medical surgery, where the psychopath needs someone of support, sensitivity, and ability to dialogue with the patient, in case any setback occurs, such as an error of his or transoperative incidents. At this time they call the partner to solve the issue by talking to the patients; because they do not have this ability. And so they can live for several decades, usually trapping the victim with intense, non-traditional sex, in whatever way the victim desires (Alencar, 2017).

Psychopaths are not able to stay in a job where they have co-workers or bosses, due to their selfish style of living (American Psychiatric Association, 2013). Colleagues soon realize the ability to deceive and manipulate the work team, and yet they are dismissed with little time of service. They go through a lot of

different jobs; The ones that we were able to detect here by the testimony of the victims, relative to only one of the psychopaths described were: commercial representatives of medicines, call center attendants, hotel receptionist, airline counter attendant, and health plan attendant. It failed. Partly because he judged such jobs to fall short of his grandiose capacity, and also because of his need for designer clothes, prominent positions in air shipments, and a predilection for luxury hotels that he gladly received from a relative. He reveled in being able to speak beyond Portuguese, English, and German, but in practice, he spoke very badly and did not have international certificates to back up such claims.

When someone you sleep with or share your life with at work, or even in your social relationship circle is revealed to be a psychopath, you have a serious problem on your hands, as the likelihood of you being aware of it in time is almost nil, and in the same proportion the likelihood of you coming out unscathed. Psychopaths act similarly, and like moths around a light bulb they deplete the natural resources of the person or family they have decided to prey on. In this way and acting cunningly, they are causing daily destruction without parameters, because they have a very adequate reading of the habits of the victims and always trying to detect deficiencies or needs to present themselves to you as everything you have always needed in the world. Anyone who knows a victim before and sees them after the relationship ends, reports just that: it is as if the light that illuminated everyone has gone out.

Mating with your victim is the psychopath's way of using and consuming it on all levels. Something unexpected for her. It's not uncommon for victims of a relationship with a psychopath to finally come to understand that the only and final reason for being chosen is their high potential for being parasitized. A vulnerability that is irresistible to any psychopath. The only conclusion one draws is the most difficult: admitting that you only had the toxic relationship because you had something to offer. Period. Zero consideration. Zero concern. Zero remorse. Zero empathy. Love? There never was.

The victim often finds it difficult, if not impossible, to believe that someone who has declared himself the love of her life, that prince charming or that kind princess, her soulmate, her dear to me, has never really loved her at all. The victim of a psychopath in a relationship must get used to his mind to overcome the cognitive dissonance and accept the unacceptable, the incredible, and the painful of this absurd incident of going through the hi-hypnotic trance of a psychopathic love. Whatever your case, if you have been the victim of a psychopathic personality in your relationship, you must have a lot of courage and humility to ask for help.

There is a way out and hope for you. Asking for help is critical if you don't have the resources to pay for a therapist. Under no circumstances indulge in standing on top of a bed ruminating on the memories and everything you've been through. Anger, shame, despair, sleep disorders, agoraphobia, and panic syndrome can affect you to a greater or lesser degree. Having a friend, or group of friends, to speak openly about everything that has happened, absolutely everything is key. The opinion of those who want to help you, without judging you, is the most assertive measure you can do after you have realized you have been discarded by the psychopath with whom you lived and were exploited. Choose someone to guide you

through the process, someone who has common sense, who loves you, and who wants to dredge you out of this raging ocean you're plunged into.

The more time passes, the more you will convince yourself that having ended the relationship, or having the strength to end it, is the best that can happen to you. Seeking medical help, if you have the resources, to get through the first six months can help you rediscover the bright, enlightened person you once were. Strength and courage! You'll get through it fine.

5 CONCLUSION

Psychopaths use sex as an instrument of domination of their victims to keep them in control. They discard anyone who can make their lives easier, and they cause such devastation when they leave relationships that the lives of the victims are transformed into chaos and despair. The knowledge of the existence of these beings, and their virulence, is necessary to prevent them from entering into a relationship or being expelled from others. Only the complete withdrawal from psychopathic love can give victims the possibility of healing and personality restructuring.

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