



# PUBLICATION CERTIFICATE

Seven Publicações Ltda, declares that the article **The contribution of physical exercise in the aging process**, by authorship Kaio Bernardes Ferreira, André Hostalácio Freitas, José Carlos Leal and Ivani Pose Martins, was PUBLISHED in the form of an individual chapter of a e-book entitled: Health of Tomorrow: Innovations and Academic Research, under the registration number ISBN: 9978-65-84976-87-0.

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Finally, I sign this declaration.

São José dos Pinhais, Brazil, January 04, 2024.



**Nathan Albano Valente**  
EDITOR DE REDAÇÃO